

**PHYSICS 200A : CLASSICAL MECHANICS
MIDTERM EXAMINATION SOLUTIONS**

Normative time limit: four hours (consecutive!)

You are allowed to consult the online PHYS 200A course materials.

All problems are worth a total of 50 points each.

[1] A uniformly dense ladder of mass m and length 2ℓ leans against a block of mass M , as shown in Fig. 1. Choose as generalized coordinates the horizontal position X of the right end of the block, the angle θ the ladder makes with respect to the floor, and the coordinates (x, y) of the ladder's center-of-mass. These four generalized coordinates are not all independent, but instead are related by a certain set of constraints.

Recall that the kinetic energy of the ladder is $T_{\text{CM}} + T_{\text{rot}}$, where $T_{\text{CM}} = \frac{1}{2}m(\dot{x}^2 + \dot{y}^2)$ is the kinetic energy of the center-of-mass motion, and $T_{\text{rot}} = \frac{1}{2}I\dot{\theta}^2$, where I is the moment of inertia. For a uniformly dense ladder of length 2ℓ , the moment of inertia is $I = \frac{1}{3}m\ell^2$.

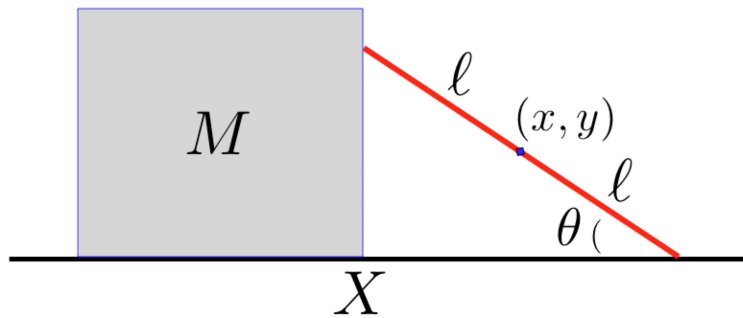


Figure 1: A ladder of length 2ℓ leaning against a massive block. All surfaces are frictionless.

(a) Write down the Lagrangian for this system in terms of the coordinates X , θ , x , y , and their time derivatives. [10 points]

We have $L = T - U$, hence

$$L = \frac{1}{2}M\dot{X}^2 + \frac{1}{2}m(\dot{x}^2 + \dot{y}^2) + \frac{1}{2}I\dot{\theta}^2 - mgy \quad .$$

(b) Write down all the equations of constraint. [10 points]

There are two constraints, corresponding to contact between the ladder and the block, and contact between the ladder and the horizontal surface:

$$\begin{aligned} G_1(X, \theta, x, y) &= x - \ell \cos \theta - X = 0 \\ G_2(X, \theta, x, y) &= y - \ell \sin \theta = 0 \quad . \end{aligned}$$

(c) Write down all the equations of motion. [10 points]

Two Lagrange multipliers, λ_1 and λ_2 , are introduced to effect the constraints. We have for each generalized coordinate q_σ ,

$$\frac{d}{dt} \left(\frac{\partial L}{\partial \dot{q}_\sigma} \right) - \frac{\partial L}{\partial q_\sigma} = \sum_{j=1}^k \lambda_j \frac{\partial G_j}{\partial q_\sigma} \equiv Q_\sigma \quad ,$$

where there are $k = 2$ constraints. We therefore have

$$\begin{aligned} M\ddot{X} &= -\lambda_1 \\ m\ddot{x} &= +\lambda_1 \\ m\ddot{y} &= -mg + \lambda_2 \\ I\ddot{\theta} &= \ell \sin \theta \lambda_1 - \ell \cos \theta \lambda_2 \quad . \end{aligned}$$

These four equations of motion are supplemented by the two constraint equations, yielding six equations in the six unknowns $\{X, \theta, x, y, \lambda_1, \lambda_2\}$.

(d) Find all conserved quantities. [10 points]

The Lagrangian and all the constraints are invariant under the transformation

$$X \rightarrow X + \zeta \quad , \quad x \rightarrow x + \zeta \quad , \quad y \rightarrow y \quad , \quad \theta \rightarrow \theta \quad .$$

The associated conserved ‘charge’ is

$$\Lambda = \left. \frac{\partial L}{\partial \dot{q}_\sigma} \frac{\partial \tilde{q}_\sigma}{\partial \zeta} \right|_{\zeta=0} = M\dot{X} + m\dot{x} \quad .$$

Using the first constraint to eliminate x in terms of X and θ , we may write this as

$$\Lambda = (M + m)\dot{X} - m\ell \sin \theta \dot{\theta} \quad .$$

The second conserved quantity is the total energy E . This follows because the Lagrangian and all the constraints are independent of t , and because the kinetic energy is homogeneous of degree two in the generalized velocities. Thus,

$$\begin{aligned} E &= \frac{1}{2}M\dot{X}^2 + \frac{1}{2}m(\dot{x}^2 + \dot{y}^2) + \frac{1}{2}I\dot{\theta}^2 + mgy \\ &= \frac{\Lambda^2}{2(M + m)} + \frac{1}{2} \left(I + m\ell^2 - \frac{m}{M+m} m\ell^2 \sin^2 \theta \right) \dot{\theta}^2 + mgl \sin \theta \quad , \end{aligned}$$

where the second line is obtained by using the constraint equations to eliminate x and y in terms of X and θ .

(e) Find an equation relating the angle θ^* at which the ladder detaches from the block and the initial angle of inclination θ_0 . Your equation should only include θ^* , θ_0 , and the dimensionless ratios M/m and $I/m\ell^2$, but not $\dot{\theta}$ or $\ddot{\theta}$. *Hint: Find the energy of the system at the moment of detachment.* [10 points]

The condition for detachment from the block is simply $\lambda_1 = 0$, *i.e.* the normal force vanishes. If we eliminate x and y in terms of X and θ , we find

$$\begin{aligned} x &= X + \ell \cos \theta & y &= \ell \sin \theta \\ \dot{x} &= \dot{X} - \ell \sin \theta \dot{\theta} & \dot{y} &= \ell \cos \theta \dot{\theta} \\ \ddot{x} &= \ddot{X} - \ell \sin \theta \ddot{\theta} - \ell \cos \theta \dot{\theta}^2 & \ddot{y} &= \ell \cos \theta \ddot{\theta} - \ell \sin \theta \dot{\theta}^2 \quad . \end{aligned}$$

We can now write

$$\lambda_1 = m\ddot{x} = m\ddot{X} - m\ell \sin \theta \ddot{\theta} - m\ell \cos \theta \dot{\theta}^2 = -M\ddot{X} \quad ,$$

which gives

$$(M + m)\ddot{X} = m\ell(\sin \theta \ddot{\theta} + \cos \theta \dot{\theta}^2) \quad ,$$

and hence

$$Q_x = \lambda_1 = -\frac{Mm}{m + m} \ell (\sin \theta \ddot{\theta} + \cos \theta \dot{\theta}^2) \quad .$$

We also have

$$\begin{aligned} Q_y = \lambda_2 &= mg + m\ddot{y} \\ &= mg + m\ell(\cos \theta \ddot{\theta} - \sin \theta \dot{\theta}^2) \quad . \end{aligned}$$

We now need an equation relating $\ddot{\theta}$ and $\dot{\theta}$. This comes from the last of the equations of motion:

$$\begin{aligned} I\ddot{\theta} &= \ell \sin \theta \lambda_1 - \ell \cos \theta \lambda_2 \\ &= -\frac{Mm}{M+m} \ell^2 (\sin^2 \theta \ddot{\theta} + \sin \theta \cos \theta \dot{\theta}^2) - mg\ell \cos \theta - m\ell^2 (\cos^2 \theta \ddot{\theta} - \sin \theta \cos \theta \dot{\theta}^2) \\ &= -mg\ell \cos \theta - m\ell^2 \left(1 - \frac{m}{M+m} \sin^2 \theta\right) \ddot{\theta} + \frac{m}{M+m} m\ell^2 \sin \theta \cos \theta \dot{\theta}^2 \quad . \end{aligned}$$

Collecting terms proportional to $\ddot{\theta}$, we obtain

$$\left(I + m\ell^2 - \frac{m}{M+m} \sin^2 \theta\right) \ddot{\theta} = \frac{m}{M+m} m\ell^2 \sin \theta \cos \theta \dot{\theta}^2 - mg\ell \cos \theta \quad .$$

We are now ready to demand $Q_x = \lambda_1 = 0$, which entails

$$\ddot{\theta} = -\frac{\cos \theta}{\sin \theta} \dot{\theta}^2 \quad .$$

Substituting this into the previous equation, we obtain

$$(I + m\ell^2) \dot{\theta}^2 = mg\ell \sin \theta \quad .$$

Finally, we substitute this into the equation for the total energy E , we obtain the following relation between the detachment angle, θ^* , and the initial angle of inclination, θ_0 :

$$E - \frac{\Lambda^2}{2(M + m)} = mg\ell \sin \theta_0 = \left(3 - \frac{m}{M + m} \cdot \frac{m\ell^2}{I + m\ell^2} \sin^2 \theta^*\right) \cdot \frac{1}{2} mg\ell \sin \theta^* \quad .$$

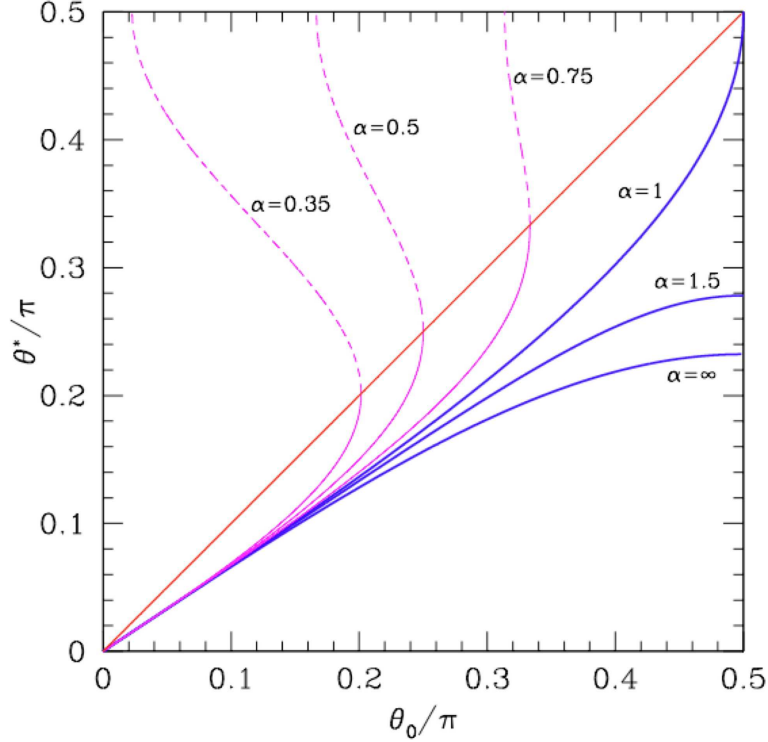


Figure 2: Plot of θ^* versus θ_0 for the ladder-block problem. Allowed solutions, shown in blue, have $\alpha \geq 1$, and thus $\theta^* \leq \theta_0$. Unphysical solutions, with $\alpha < 1$, are shown in magenta. The line $\theta^* = \theta_0$ is shown in red.

Thus, we have

$$\sin \theta_0 = \frac{3}{2} \sin \theta^* - \frac{1}{2} \left(\frac{m}{M+m} \right) \left(\frac{m\ell^2}{I+m\ell^2} \right) \sin^3 \theta^* = \frac{3}{2} \sin \theta^* - \frac{1}{2} \alpha^{-1} \sin^3 \theta^* \quad ,$$

where

$$\alpha \equiv \left(1 + \frac{M}{m} \right) \left(1 + \frac{I}{m\ell^2} \right) \quad .$$

Note that $\alpha \geq 1$, and that when $M/m = \infty$,¹ we recover $\theta^* = \sin^{-1}(\frac{2}{3} \sin \theta_0)$, which is the angle of detachment relation for a ladder slipping against a rigid wall. For finite α , the ladder detaches at a larger value of θ^* . A sketch of θ^* versus θ_0 is provided in Fig. 2. Note that, provided $\alpha \geq 1$, detachment always occurs for some unique value θ^* for each θ_0 .

[2] Two identical semi-infinite lengths of string are joined at a point of mass m which moves vertically along a thin wire, as depicted in fig. 3. The mass moves with friction coefficient γ , *i.e.* its equation of motion is

$$m\ddot{z} + \gamma\dot{z} = F \quad ,$$

¹The ladder's rotational inertia must satisfy $I \leq m\ell^2$.

where z is the vertical displacement of the mass, and F is the force on the mass due to the string segments on either side. In this problem, gravity is to be neglected. It may be convenient to define $K \equiv 2\tau/mc^2$ and $Q \equiv \gamma/mc$.

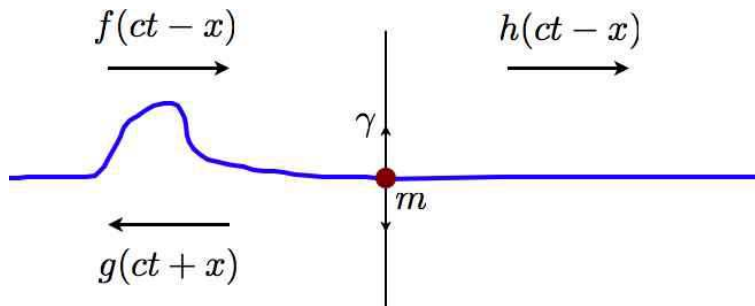


Figure 3: A point mass m joining two semi-infinite lengths of identical string moves vertically along a thin wire with friction coefficient γ .

(a) The general solution with an incident wave from the left is written

$$y(x, t) = \begin{cases} f(ct - x) + g(ct + x) & (x < 0) \\ h(ct - x) & (x > 0) \end{cases} .$$

Find two equations relating the functions $f(\xi)$, $g(\xi)$, and $h(\xi)$. [15 points]

The first equation is continuity at $x = 0$:

$$f(\xi) = g(\xi) + h(\xi) \quad ,$$

where $\xi = ct$ ranges over the real line $[-\infty, \infty]$. The second equation comes from Newton's 2nd law $F = ma$ applied to the mass point:

$$m \ddot{y}(0, t) + \gamma \dot{y}(0, t) = \tau y'(0^+, t) - \tau y'(0^-, t) \quad .$$

Expressed in terms of the functions $f(\xi)$, $g(\xi)$, and $h(\xi)$, and dividing through by mc^2 , this gives

$$f''(\xi) + g''(\xi) + Q f'(\xi) + Q g'(\xi) = -\frac{1}{2} K h'(\xi) + \frac{1}{2} K f'(\xi) - \frac{1}{2} K g'(\xi).$$

Integrating once, and invoking $h = f + g$, this second equation becomes

$$f'(\xi) + Q f(\xi) = -g'(\xi) - (K + Q) g(\xi) \quad .$$

(b) Solve for the reflection amplitude $r(k) = \hat{g}(k)/\hat{f}(k)$ and the transmission amplitude $t(k) = \hat{h}(k)/\hat{f}(k)$. Recall that

$$f(\xi) = \int_{-\infty}^{\infty} \frac{dk}{2\pi} \hat{f}(k) e^{ik\xi} \quad \Longleftrightarrow \quad \hat{f}(k) = \int_{-\infty}^{\infty} d\xi f(\xi) e^{-ik\xi} \quad ,$$

et cetera for the Fourier transforms. Also compute the sum of the reflection and transmission coefficients, $|r(k)|^2 + |t(k)|^2$. Show that this sum is always less than or equal to unity, and interpret this fact. [15 points]

Using $d/d\xi \rightarrow ik$, we have

$$(Q + ik) \hat{f}(k) = -(K + Q + ik) \hat{g}(k) \quad .$$

Therefore,

$$r(k) = \frac{\hat{g}(k)}{\hat{f}(k)} = -\frac{Q + ik}{Q + K + ik} \quad .$$

To find the transmission amplitude, we invoke $h(\xi) = f(\xi) + g(\xi)$, in which case

$$t(k) = \frac{\hat{h}(k)}{\hat{f}(k)} = -\frac{K}{Q + K + ik} \quad .$$

The sum of reflection and transmission coefficients is

$$|r(k)|^2 + |t(k)|^2 = \frac{Q^2 + K^2 + k^2}{(Q + K)^2 + k^2} \quad .$$

Clearly the RHS of this equation is bounded from above by unity, since both Q and K are nonnegative.

(c) Find an expression which is a functional of $f(x)$ or $\hat{f}(k)$, for the total energy change ΔE of the string due to the friction acting on the mass point. *Hint: You can compute ΔE by computing the net outgoing energy current at $x = 0^\pm$ and then integrating over time.* [10 points]

Recall the formulae for the energy density in a string,

$$\mathcal{E}(x, t) = \frac{1}{2} \mu \dot{y}^2(x, t) + \frac{1}{2} \tau y'^2(x, t)$$

and

$$j_{\mathcal{E}}(x, t) = -\tau \dot{y}(x, t) y'(x, t) \quad .$$

The energy continuity equation is $\partial_t \mathcal{E} + \partial_x j_{\mathcal{E}} = 0$. Assuming $j_{\mathcal{E}}(\pm\infty, t) = 0$, we have

$$\begin{aligned} \frac{dE}{dt} &= \int_{-\infty}^{0^-} dx \frac{\partial \mathcal{E}}{\partial t} + \int_{0^+}^{\infty} dx \frac{\partial \mathcal{E}}{\partial t} \\ &= -j_{\mathcal{E}}(\infty, t) + j_{\mathcal{E}}(0^+, t) + j_{\mathcal{E}}(-\infty, t) - j_{\mathcal{E}}(0^-, t) \quad . \end{aligned}$$

Thus,

$$\frac{dE}{dt} = c\tau \left([g'(ct)]^2 + [h'(ct)]^2 - [f'(ct)]^2 \right)$$

is the rate at which the string loses energy. We now integrate over all time, obtaining the total energy change in the string:

$$\begin{aligned}\Delta E &= \tau \int_{-\infty}^{\infty} d\xi \left([g'(\xi)]^2 + [h'(\xi)]^2 - [f'(\xi)]^2 \right) \\ &= -\tau \int_{-\infty}^{\infty} \frac{dk}{2\pi} \frac{2QK k^2}{(Q+K)^2 + k^2} |\hat{f}(k)|^2 \quad .\end{aligned}$$

(d) For an incident wave whose characteristic wavelength λ satisfies $K\lambda \gg 1$ and $Q\lambda \gg 1$, find the ratio $|\Delta E|/E_0$, where E_0 is the initial energy in the string. [10 points]

Note that the initial energy in the string, at time $t = -\infty$, is

$$E_0 = \tau \int_{-\infty}^{\infty} \frac{dk}{2\pi} k^2 |\hat{f}(k)|^2 \quad .$$

If the incident wave packet is very broad, say described by a Gaussian $f(\xi) = A \exp(-x^2/2\sigma^2)$ with $\sigma K \gg 1$ and $\sigma Q \gg 1$, then k^2 may be neglected in the denominator of the integrand for ΔE , in which case

$$\frac{|\Delta E|}{E_0} \approx \frac{2QK}{(Q+K)^2} \leq \frac{1}{2} \quad .$$

For the Lorentzian,

$$\hat{f}(k) = \frac{2\beta}{k^2 + \beta^2} \quad \iff \quad f(\xi) = \exp(-\beta|\xi|) \quad ,$$

we have the exact results

$$E_0 = \frac{1}{2}\beta\tau \quad , \quad \Delta E = -\frac{KQ\beta\tau}{(K+Q+\beta)^2} \quad .$$

[3] Consider the map

$$\begin{aligned}q_{n+1} &= q_n + f(q_n, p_{n+1}) \\ p_{n+1} &= p_n + g(q_n, p_{n+1}) \quad .\end{aligned}$$

(a) Under what conditions does this map generate a canonical transformation $(q_n, p_n) \rightarrow (q_{n+1}, p_{n+1})$? [10 points]

According to §16.1.2, the conditions are

$$\frac{\partial f}{\partial q_n} = -\frac{\partial g}{\partial p_{n+1}} \quad .$$

To see this explicitly, take the differentials:

$$\begin{aligned} dq_{n+1} &= dq_n + \frac{\partial f}{\partial q_n} dq_n + \frac{\partial f}{\partial p_{n+1}} dp_{n+1} \\ dp_{n+1} &= dp_n + \frac{\partial g}{\partial q_n} dq_n + \frac{\partial g}{\partial p_{n+1}} dp_{n+1} \quad . \end{aligned}$$

Bringing all differentials with iteration subscript $n + 1$ to the left and all with subscript n to the right, we have

$$\begin{pmatrix} 1 & -\frac{\partial f}{\partial p_{n+1}} \\ 0 & 1 - \frac{\partial g}{\partial p_{n+1}} \end{pmatrix} \begin{pmatrix} dq_{n+1} \\ dp_{n+1} \end{pmatrix} = \begin{pmatrix} 1 + \frac{\partial f}{\partial q_n} & 0 \\ \frac{\partial g}{\partial q_n} & 1 \end{pmatrix} \begin{pmatrix} dq_n \\ dp_n \end{pmatrix} \quad .$$

Thus

$$\begin{pmatrix} dq_{n+1} \\ dp_{n+1} \end{pmatrix} = \frac{1}{1 - g_p} \begin{pmatrix} \{(1 + f_q)(1 - g_p) + g_q f_p\} & f_p \\ g_q & 1 \end{pmatrix} \begin{pmatrix} dq_n \\ dp_n \end{pmatrix} \equiv \begin{pmatrix} dq_n \\ dp_n \end{pmatrix} \quad .$$

The Poisson bracket we seek is

$$\{q_{n+1}, p_{n+1}\}_{\{q_n, p_n\}} = \frac{\partial q_{n+1}}{\partial q_n} \frac{\partial p_{n+1}}{\partial p_n} - \frac{\partial q_{n+1}}{\partial p_n} \frac{\partial p_{n+1}}{\partial q_n} = \det M = 1 \quad ,$$

and thus the map is canonical.

(b) Show that the conditions in part (a) are satisfied if f and g are expressed as first (partial) derivatives of a function $R(q_n, p_{n+1})$. [10 points]

If

$$f(q_n, p_{n+1}) = \frac{\partial R(q_n, p_{n+1})}{\partial p_{n+1}} \quad , \quad g(q_n, p_{n+1}) = -\frac{\partial R(q_n, p_{n+1})}{\partial q_n} \quad ,$$

then

$$\frac{\partial f}{\partial q_n} = -\frac{\partial g}{\partial p_{n+1}} = \frac{\partial^2 R(q_n, p_{n+1})}{\partial q_n \partial p_{n+1}} \quad .$$

(c) For the map

$$\begin{aligned} q_{n+1} &= q_n + b q_n + c p_{n+1} \\ p_{n+1} &= p_n - a q_n - b p_{n+1} \quad , \end{aligned}$$

where a , b , and c are constants, what is the function $R(q_n, p_{n+1})$ from part (b)? [10 points]

For

$$\begin{aligned} f(q_n, p_{n+1}) &= b q_n + c p_{n+1} \\ g(q_n, p_{n+1}) &= -a q_n - b p_{n+1} \end{aligned}$$

we have

$$R(q_n, p_{n+1}) = \frac{1}{2}a q_n^2 + b q_n p_{n+1} + \frac{1}{2}c p_{n+1}^2 \quad .$$

(d) Express the map in part (c) as $\varphi_{n+1} = \hat{T}\varphi_n$, where $\varphi_n = \begin{pmatrix} q_n \\ p_n \end{pmatrix}$. Find an explicit expression for \hat{T} . [10 points]

From the equation $p_{n+1} = p_n - a q_n - b p_{n+1}$ we obtain

$$p_{n+1} = \frac{p_n - a q_n}{1 + b} \quad .$$

Substitute this into $q_{n+1} = q_n + b q_n + c p_{n+1}$ to obtain the linear map

$$\begin{pmatrix} q_{n+1} \\ p_{n+1} \end{pmatrix} = \overbrace{\begin{pmatrix} 1 + b - \frac{ac}{1+b} & \frac{c}{1+b} \\ -\frac{a}{1+b} & \frac{1}{1+b} \end{pmatrix}}^T \begin{pmatrix} q_n \\ p_n \end{pmatrix} \quad .$$

Thus the action of the map \hat{T} is the action of the 2×2 matrix T on the vector of phase space coordinates; the map is linear.

(e) For fixed $b > 0$, plot the phase diagram in the (a, c) plane, identifying regions where $|\hat{T}^n \varphi_0|$ grows exponentially with n (for generic initial conditions φ_0), and regions where it is bounded. Sketch your results. [10 points]

The characteristic polynomial of a 2×2 matrix such as T is

$$P(\lambda) = \det(\lambda \mathbb{I} - T) = \lambda^2 - \tau \lambda + \Delta \quad ,$$

where $\tau = \text{Tr } T$ and $\Delta = \det T$. Since $\Delta = 1$ as the map is canonical, the eigenvalues of T are

$$\lambda_{\pm} = \frac{1}{2}\tau \pm \frac{1}{2}\sqrt{\tau^2 - 4} \quad ,$$

where $\tau = \text{Tr } T$. Provided $|\tau| < 2$, the eigenvalues are phases: $\lambda_{\pm} = \exp[\pm i \cos^{-1}(\tau/2)]$. In this case, there is no growth of the iterates φ_n . When $|\tau| > 2$ both eigenvalues are real, with $\lambda_{\pm} = \exp[\pm \cosh^{-1}(\tau/2)] \text{sgn } \tau$, and this if the initial vector $\varphi_{n=0}$ has any overlap with the eigenvector corresponding to λ_+ , $|\varphi_n|$ will grow exponentially for large n as $|\lambda_+|^n$. In our case,

$$\tau = \text{Tr } T = 1 + b + \frac{1 - ac}{1 + b} \quad .$$

Setting $\tau = 2$ then yields the condition

$$\tau = 1 + b + \frac{1 - ac}{1 + b} = 2 \quad \implies \quad ac = b^2 \quad .$$

Setting $\tau = -2$ yields

$$\tau = 1 + b + \frac{1 - ac}{1 + b} = -2 \quad \implies \quad ac = (b + 2)^2 \quad .$$

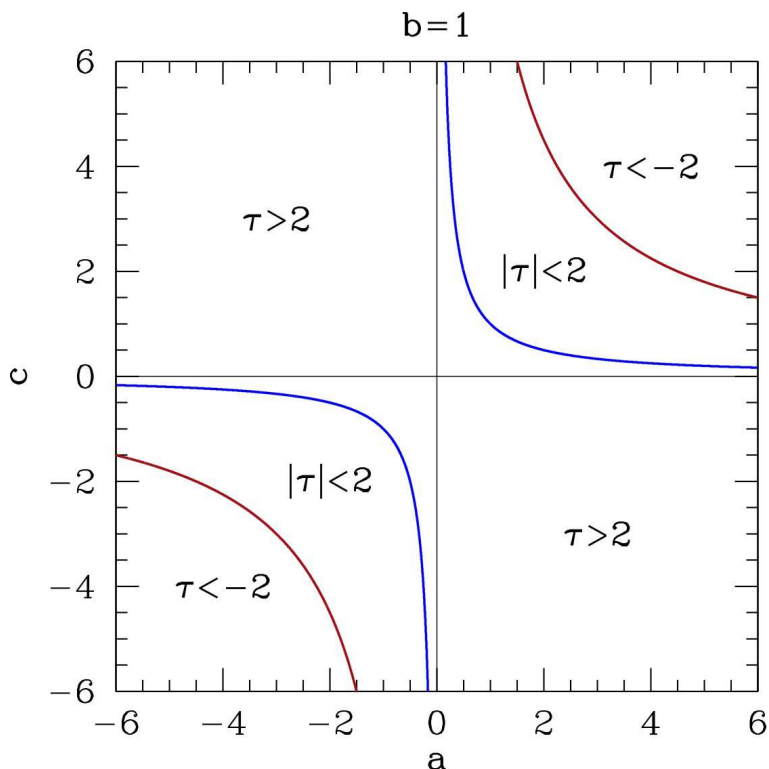


Figure 4: Solution to problem 3(e).

Thus the “no growth” region in which $|\lambda_{\pm}| = 1$ lies between the hyperbolae $ac = b^2$ and $ac = (b + 2)^2$.

[4] Consider the Hamiltonian for one-dimensional particle motion in a gravitational field,

$$H(z, p) = \underbrace{\frac{p^2}{2m}}_{H_0} + mgz + \underbrace{\varepsilon\alpha z^3}_{\varepsilon H_1} ,$$

where ε is small. The particle is constrained such that $z \geq 0$. It may be useful to consult §15.5.5 of the Lecture Notes.

(a) Find the unperturbed Hamiltonian $\tilde{H}_0(J_0)$ and the unperturbed frequency $\nu_0(J_0)$.
[15 points]

We have

$$H_0 = \frac{1}{2m} \left(\frac{\partial W}{\partial z} \right)^2 + mgz \equiv E$$

from which we obtain

$$p = \frac{\partial W}{\partial z} = \pm \sqrt{2m(E - mgz)} \quad \Rightarrow \quad W(z) = \text{const.} \mp \frac{\sqrt{8}}{3\sqrt{mg}} (E - mgz)^{3/2} .$$

The amplitude of the oscillations is $h = E/mg$. Thus, the action is

$$J_0 = \frac{1}{\pi} \int_0^h dz \sqrt{2m(E - mgz)} = \frac{\sqrt{8} E^{3/2}}{3\pi\sqrt{mg}} \quad .$$

Thus,

$$\tilde{H}_0(J_0) = E = \frac{1}{2}(3\pi g\sqrt{m})^{2/3} J_0^{2/3} \quad .$$

The frequencies $\nu_0(J_0)$ are given by

$$\nu_0(J_0) = \frac{1}{3}(3\pi g\sqrt{m})^{2/3} J_0^{-1/3} \quad .$$

(b) Find the unperturbed frequencies $\nu_0(h)$, where h is the amplitude of the z motion. Your result should look familiar. [15 points]

To express in terms of the amplitude h , we note

$$h(J_0) = \frac{E}{mg} = \frac{(3\pi)^{2/3}}{2m^{2/3}g^{1/3}} J_0^{2/3}$$

and therefore

$$\nu_0(h) = \pi \sqrt{\frac{g}{2h}} = \frac{\pi}{T} \quad ,$$

where $T = \sqrt{2h/g}$ is the time to fall from h .

(c) Find the energy $E(J)$ to lowest nontrivial order in ε . [20 points]

To find the perturbed frequencies, we must express $H_1 = \alpha z^3$ in terms of (J_0, ϕ_0) . The first order of business, then, is to obtain $\phi_0 = \partial F_2(J_0, z)/\partial J_0$, where

$$F_2(J_0, z) = W(J_0, z) = \mp \pi J_0 \left(1 - \frac{z}{h(J_0)}\right)^{3/2} \quad .$$

The top sign corresponds to the part of the motion where $\dot{z} > 0$ and the bottom sign when $\dot{z} < 0$. We obtain

$$\phi_0 = \mp \pi \left(1 - \frac{z}{h(J_0)}\right)^{1/2} \quad .$$

Note that ϕ_0 advances from $-\pi$ to 0 to $+\pi$ as z moves from $z = 0$ to $z = h$ and back down to $z = 0$. Thus,

$$z = h \left(1 - \frac{\phi_0^2}{\pi^2}\right) \quad ,$$

and

$$\langle z^3 \rangle = h^3 \int_0^\pi \frac{d\phi_0}{\pi} \left(1 - \frac{\phi_0^2}{\pi^2}\right)^3 = \frac{16}{35} h^3 \quad .$$

Therefore,

$$\langle \tilde{H}_1(J, \phi_0) \rangle_{\phi_0} = \frac{16}{35} \alpha h^3(J)$$

and, to first order in ε ,

$$E(J) = mgh(J) + \frac{16}{35} \varepsilon \alpha h^3(J) + \mathcal{O}(\varepsilon^2) \quad ,$$

where the function $h(J)$ is as above: $h(J) = \frac{1}{2} (3\pi/m\sqrt{g})^{2/3} J^{2/3}$. While the above expression yields $E(J)$ to $\mathcal{O}(\varepsilon^1)$, this particular relation between the amplitude h and the action J is valid only to $\mathcal{O}(\varepsilon^0)$.